

Tampa Medical Tower Newsletter



March 2014



Property Manager's Corner:

Community can be defined as a feeling of fellowship with others, as a result of sharing common attitudes, interests, and goals. That is what we are here at Tampa Medical Tower. Each practice has their own specialty and together, in this community, we make a network of practices that compliment and advance each other's stake hold in the health care arena. In our Tampa Medical Tower Community there is a tremendous diversity of aptitudes offering us the opportunity to be the go-to medical office building for ANY and ALL medical needs.

Dawn DiPietro
Property Manager

Annual Tenant Survey

Your office should have already received the tenant satisfaction survey from Kingsley Survey to complete for all aspects of the building and property management services provided. Our goal is to have a 100% response rate so your participation is very important to us!



Holladay Properties



CALL CENTER

When you have Maintenance, Janitorial, or Security issues, please notify the

**Holladay Properties
Call Center at
1-888-774-2446**

OR

**Sign up online at
www.holladaymob.com**

Your request will be dispatched to the appropriate department. The Call Center is available 24 hours a day. Please notify the **Call Center** if you see anything in your office suite or the common areas that requires attention.

March

- 1 Peanut Butter Lovers' Day
- 2 Hug a GI Day
- 6 Dentist's Day
- 7 Employee Appreciation Day
- 11 Johnny Appleseed Day
- 14 National Potato Chip Day
- 17 St. Patrick's Day
- 20 International Earth Day
- 30 Take a Walk in the Park Day

March 1, 1872 – Yellowstone becomes first U.S. National Park.

March 3, 1931 – Star Spangled Banner becomes the National Anthem.

March 6, 1950 – Silly Putty invented.

March 29, 1886 – Coca Cola invented.



All employees in the building must use the upper deck of the parking garage and the east rear side area of the ground parking – from the UPS and Fed Ex boxes back. We are requiring this so that your patients will have the most convenient parking spaces at the front of the building. ***If our security guard sees that you have parked in a patient spot, he will be asking you to move your vehicle.***



Do the cleaners know where you keep the keys to your TP and paper towel dispensers? They will be happy to refill them for you – but you need to let them know where you keep the keys or get them a key.





Crock Pot Corned Beef Dinner

Prep: 15 minutes Cook: 10 hrs.

Ingredients:

- 2-2-1/2 lb. corned beef brisket
- 1 medium onion, sliced
- 1 stalk celery, cut in thirds
- 4 medium potatoes, peeled and halved
- 4 medium carrots, peeled cut in thirds
- 1 C beef bouillon
- 1 bay leaf
- 1 garlic clove, smashed
- 1 tsp Worcestershire sauce
- 1/2 tsp dry mustard
- Cabbage, small, cut in wedges
- 1 tsp caraway seeds

Trim brisket of all visible fat and cut to fit into crockpot. Place onion, celery, potatoes and carrots in the bottom of the pot with the meat on top. Whisk together bouillon, bay leaf, garlic, Worcestershire sauce and dry mustard. Pour over brisket and cover pot. Cook on low setting 8-10 hours, adding cabbage wedges and caraway seeds for the last hour. To serve, discard liquid, slice meat and accompany with cooked vegetables and your favorite mustard. Fresh rye bread goes great with this.

Yum Yum Yum Yum Yum

Things To Do In Tampa Bay

April 1-6 Bay Area Renaissance Festival

<http://www.bayarearenfest.com>

First Tuesday of each month families can enjoy FREE admission to the Glazer Children's Museum from 2-7.

<http://glazermuseum.org/events/target-tuesday>

April 11-13 Tampa Bay Blues Festival

<http://www.tampabaybluesfest.com>

2nd Sat of each month - Society of Young Magicians/Kids Club

<http://www.themagicemporium.net>

Easter Egg Hunts and More !!

April 12 3:00 – 5:00 pm
Eggs-travaganza at Grace Lutheran Church of Carrollwood
813-961-8747

April 12 5:00 – 9:00 pm.
Absolutely Avalon – Avalon Park West Community Center
813-783-1515

April 19 10:00 am – 2:00 pm
Dade Battlefield Historic St. Park
<http://www.floridastateparks.org/dadebattlefield/events.cfm?viewevent=11415#11415>

What To Do With All Those Hard-Boiled Easter Eggs ???



Deviled Bunnies

Prep: 30 minutes Cook: 10 min

- 12 large eggs
- 6 tbsp mayonnaise
- 2 tsp mustard
- 1 pinch cayenne pepper
- Salt and pepper to taste
- Carrot
- Celery
- 24 capers

Cook eggs and run cold water over them to cool quickly.

Peel Eggs

Cut each egg in half lengthwise and scoop out the yolks into medium bowl, reserving egg white halves.

Mash yolks, add mayo, mustard and cayenne and season with salt and pepper.

Spoon or pipe yolk mixture into the egg white halves.

Use capers for eyes, pieces of carrot for nose and cut celery for the whiskers and ears.

To all our valued tenants:

Please have a Happy Easter (4/20)

and a Happy Passover (4/14-22)

